

PROTON
HSN21KM
2019

21 APRIL
6AM – 9AM

RUNNING CLINIC

by



FREE ADMISSION
LIMITED SLOTS

KLCFM
Dataran
DBKL
Kuala Lumpur

TRAINER



AZRIZAL ALLISON DERIC

PUTRAJAYA | 13 OCTOBER 2019
#RUNPROUDMY

OFFICIAL TITLE SPONSOR



OFFICIAL SPORTING GEAR



f @HSN21km @hsn21km

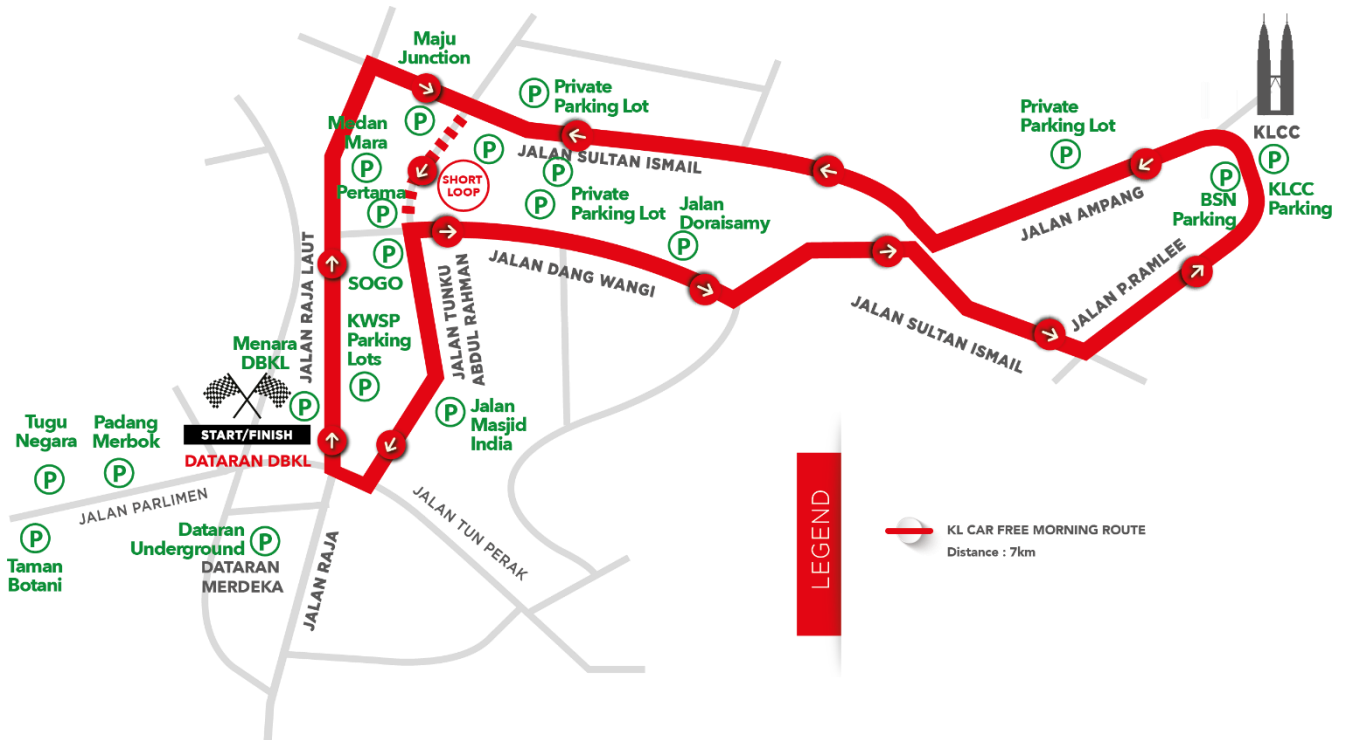
PROTON HSN21KM Running Clinic (Sunday, 21st April 2019)

Time	Description
6.15am	Registration
7.00am	Short Brief and Warm up
7.10am	Warm up
7.30am	Running Clinic Session – Long Run (7KM)
8.30am	Warm Down + Q&A session
8.45am	Group Photo
9.00am	Dismiss

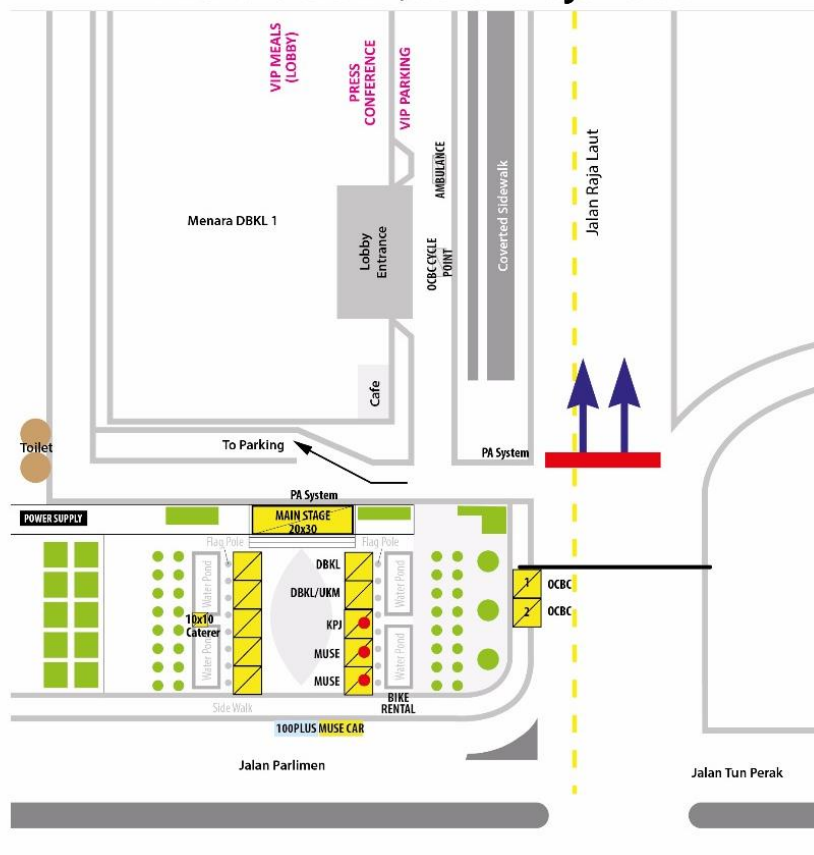
For more information please visit www.hsn21km.com
or email us at askus@hsn21km.com

PROTON HSN21KM @KL Car Free Morning

Details @ <http://www.klcarfreemorning.com/>



START/FINISH LAYOUT Menara DBKL, Jalan Raja Laut



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